# Zoom into Dance Classes All Summer Long

The Phoenix Theatre Company to offer its 12<sup>th</sup> season of Summer of Dance, this year online

(PHOENIX—May 29, 2020) Across the state, retailers, gyms and fitness providers are reopening for public use. The Phoenix Theatre Company is taking an extra step to keep its staff, artists and patrons safe by offering its programming online. As Summer of Dance enters its 12<sup>th</sup> season The Phoenix Theatre Company is keeping the rhythm alive by moving dance classes online.

"Summer of Dance is about developing skill, sweating and having fun," says Robbie Harper, associate artistic director and Summer of Dance program director, "it's not about competing—we've created a community where we encourage each other to push beyond our boundaries while developing physical control and expression."

Summer of Dance is a safe space to learn, sweat and have fun. Everyone is welcome regardless of how they identify, skill level and background. Classes are open to all dancers age 10 and up. Offerings range from basic technique and skills, musical theatre combinations and classes tailored to different styles. Dancers can expect a different combination every class and the basics of different styles are reinforced to build confidence, flexibility and mastery.

Classes start June 1 and continue until July 23. Classes are offered Monday through Friday at 5pm, 6:15pm and 7:30pm. This year, pass prices have been lowered to provide options for every budget. After purchase, dancers will receive a private link to access classes via Zoom. To learn more and sign up, visit <a href="https://www.phoenixtheatre.com/summerofdance">www.phoenixtheatre.com/summerofdance</a>. To learn more about The Phoenix Theatre Company's digital programming, visit <a href="https://www.phoenixtheatre.com">www.phoenixtheatre.com</a> and follow its <a href="facebook">Facebook</a> and <a href="mailto:Instagram">Instagram</a>.

### **Summer of Dance Pass Options**

#### Single Class Drop-In Pass

This is perfect if you need a flexible class schedule or if you want to try out Summer of Dance Online. Purchase now or right before class starts.

\$10.00 per class with reduced price options

## Weekly Pass

Buy your classes for the whole week upfront. This option is great if you're unsure an All Access Dance Pass is right for you. At any time, you can upgrade by calling our box office at 602.254.2151.

\$40.00 per week

## All Access Dance Pass

Dance your way through the whole summer with unlimited access to all of our Summer of Dance classes.

\$140.00 for the whole season

#### **Summer of Dance Classes**

Technique and Skills
Every Monday
6:15 pm - 7:15 pm
Taught by Lauran Stanis

This class replaces Musical Theatre 1 and focuses on the basics. Terminology, Technique and application. This is perfect for the beginner OR for the more advanced dancer who is looking to brush up their skills.

Musical Theatre Combos and Character Every Monday 7:30 pm - 8:30 pm Taught by Molly Lajoie

This class focuses on Character Development and Retention of a combination.

Technique, skills and terminology will be taught within the class with specific attention given to the acting component. This class is for movers and dancers to grow in their audition performance. Appropriate dance shoes are recommended.

Materials needed: jazz shoes, jazz sneakers, character shoes

Musical Theatre Combos and Style
Every Thursday
6:15 pm - 7:15 pm
Taught by Molly Lajoie

This class focuses Style and strong Technical Skills. New combinations will be taught weekly at a brisk audition pace. This class is to prepare the dancer for quick retention and performance for an audition. It is considered and intermediate/advanced class. Appropriate dance shoes required.

Materials needed: jazz shoes, jazz sneakers, character shoes

Heels and Precision
Every Wednesday
7:30 pm - 8:30 pm
Taught by Molly Lajoie

This class is designed to work the dancers balance and technique in character heels required for professional auditions. Half of the class will consist of a warm-up, physical conditioning, balance and technique in heels. The second half will consist of a short combination with a focus on body awareness and "nailing" the combination perfectly, with a smile on your face! Different styles of dance will be used for the combinations, but all will be done in character heels. This class is for the intermediate/advance dancers.

Tap 1

**Every Monday** 

5 pm - 6 pm

Taught by Hilary Hirsch

This class focuses on the fundamental building blocks of tap including terminology, technique, balance, weight shift and clarity of sound. It's perfect for the "never tapped before" dancer or the "I took a class one time in college" performer. It's always good to review the basics. All levels welcomed.

Tap shoes recommended.

Tap 2

Every Wednesday

6:15 pm - 7:15 pm

Lauran Stanis

This class moves a little faster than Tap 1. It still reinforces the same building blocks but introduces more combination work. Good for beginner/intermediate levels or for dancers looking to brush up their skills.

Tap shoes recommended.

Tap 3

**Every Thursday** 

7:30 pm - 8:30 pm

Lauran Stanis

This is an intermediate/advanced class that moves faster than the beginning class and focuses more on pick-ups, pull backs and more intricate combination sequences. Not recommended for beginners.

Tap shoes required.

Ballet for Everyone

**Every Tuesday** 

7:30 pm - 8:30 pm

Taught by Nicole Olson

This is ballet practiced to a funky beat. This class focuses on terminology, strengthening and stretching. This class is open to all levels. However the more advanced ballet students might find it more intermediate. This class is perfect to help create line, strength, flow of movement, control, balance and foundation of terminology that is essential in all forms of dance.

Please wear appropriate dance shoes. Ballet shoes or bear claws are good.

Contemporary Dance

**Every Wednesday** 

5 pm - 6 pm

Taught by Nicole Olson

This class introduces more of a modern dance sensibility. It focuses and technique and

expression. All levels are encouraged to attend but this class tends toward a more intermediate or advanced dancer. Floor work and leaps are part of this class. Please ask instructor for alternate moves if needed.

Please wear appropriate dance shoes. Bare feet are fine.

Hip Hop Every Tuesday and Thursday 5 pm - 6 pm Taught by Nick Flores

This class for the student who loves the dancing they see in a music video. It's a more urban expression with a whole new sensibility that will challenge dancers of all levels. This class is fun and fast paced and focuses on isolation, weight shift, strength and endurance. Combinations change every class. All are encouraged to attend but the beginner dancer will need to have patience and determination.

Please wear appropriate dance shoes. Street sneakers are okay.

Classical Jazz Every Tuesday 6:15 pm - 7:15 pm Taught by Lauran Stanis

This jazz technique class is heavily influenced by ballet and modern dance forms. This type is performed from the core, with clean and strong lines emanating from the hips and chest. Each week will explore the specifics of various jazz masters and their personal styles including Bob Fosse, Jack Cole, Gus Giordano, Luigi, and Matt Mattox. Look forward to strong contractions, isolations, parallel passes, shoulder twists, and hinges.

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#### ABOUT THE PHOENIX THEATRE COMPANY

The Phoenix Theatre Company is the largest professional regional theatre company in Arizona. As the first arts organization in Arizona and a founding member of the Central Arts District, The Phoenix Theatre Company is committed to advancing performing arts in the Valley with nearly 500 performances each year on multiple stages. Located at 1825 N. Central Ave in Phoenix, The Phoenix Theatre Company's mission is to create exceptional experiences by using the arts to articulate messages that inspire hope and understanding. The Phoenix Theatre Company is currently celebrating its 100<sup>th</sup> anniversary. For more information, visit www.phoenixtheatre.com.

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